

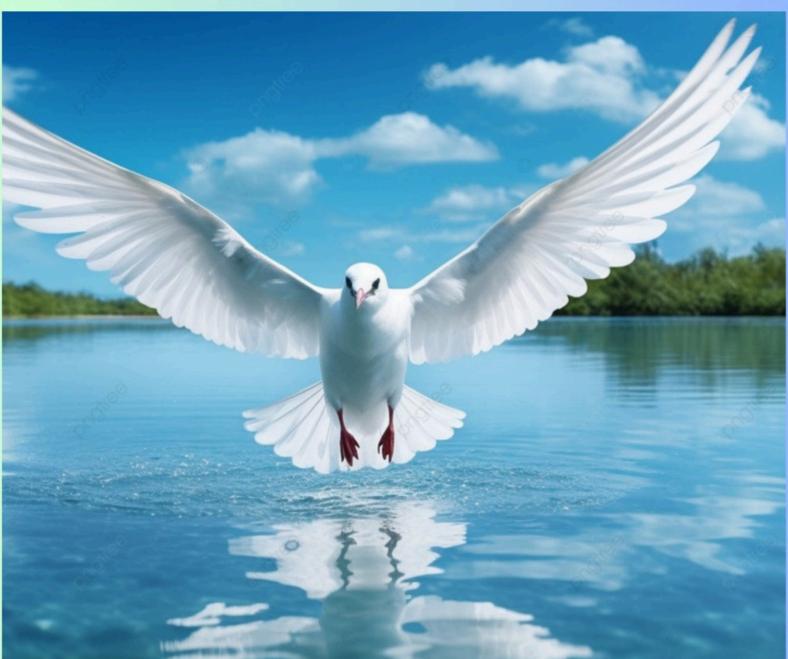




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ROTARY CLUB OF THANE URBANIA

District 3142 Club ID 85221



Message from RI Director



Dear fellow Rotary leaders:

As we begin a new year of service, let us not forget the importance of every one of Rotary's members.

We need your leadership now more than ever if we are to make every club and district an irresistible experience. Rotary has a chance to capture the world's attention and realize possibilities beyond our expectations. But we must build on the work that has come before us if we are to reach our goals, such as defeating polio and unlocking the power of girls and women.

Rotary offers people of action a chance to connect and find belonging, and this fellowship gives us the potential to improve our communities and the world. By following Rotary's Action Plan and helping make sure all members feel a sense of belonging in their club, you have a special opportunity to inspire members to new heights of service.

Our ability to create lasting change begins with our family of Rotary. Together, it is within our power to bring healing in a divided world.

Join me in making Rotary a source of strength for those who need it most, within and beyond our membership. Let this be the year we harness The Magic of Rotary, and let Rotary be known as an organization that takes care of its members as well as the people

we serve.

It is within your power to help make Rotary a beacon of goodwill and fellowship in every

community.

Remember that your work can and will change the world with The Magic of Rotary.

Warm regards,

Stephanie A. Urchick Rotary International President, 2024-2025



Message from District Governor

Dear Awesome President Rtn. Tasnim and members of the Rotary Club of Thane Urbania

Greetings to all of you!!!

As we embark on another remarkable and Awesome Rotary Year, we prepare to welcome new leadership and embrace fresh opportunities to serve. Rotary's strength lies in its ability to adapt, evolve and inspire through the commitment of its members.

July 1st, 2024 marks the advent of a new Rotary year - the Awesome Year.

It was legendary American President Abraham Lincoln who said " If you give me six hours to chop down a tree, I will spend the first four hours sharpening the axe " This is what Rotary Learning Facilitates for all of us. It prepares us for the Leadership role we are about to take on in the new Rotary Year. Let's begin the year with renewed energy and dedication. We now have goals and plans in place and it is now time to execute them to perfection.

Friends, Only if there is Magic in Rotary, will you find it awesome to be a Rotarian and only though Awesome service will there be Magic in Rotary. I urge you, therefore to develop an Awesome Mindset for yourself to create the Magic in Rotary

The District has designed an awesome 31 Ready Made Projects , which every Club is free to chose from

These are

- 1. The Eight MEGA Projects
- 2. The First Lady led COLS CPR Project
- 3. TB MUKT RID 3142, An initiative of GOI
- 4. The unique 12 Amrit Mahotsav Challenges
- 5. The Mega Mental Health, unique, initiative
- 6. The Eight JDS led Events
- 7. The Annapurna Project that commences 1st July 2024

In addition, in our drive to create Magic in Rotary, we should strive to ensure that every Rotarian donates atleast \$ 75 to the Rotary Foundation and enthuses atleast one new member to ask to be invited to join Rotary.

The Key is not the Will to Win, ... everybody has that. To be a Winner, you must Plan to win, prepare to win and expect to win and to remember that Success is not final, Failure is not fatal but it is the courage to continue that counts.

I truly believe that nothing of major significance is achieved by doing small acts of kindness. It is though impactful projects that make a substantial and visible difference to the life of the community that Rotary will truly gain respect.

As President, learn to embrace the journey, trust the process and believe in your abilities. Dream Big, work hard and surround yourself with good people.

Always remember that the only impossible journey is the one you never began and that what you do has far greater impact than what you say

Jyoti joins me in wishing you and the members of the Rotary Club a truly

AWESOME Year.

Yours truly Dinesh Mehta

Dist Governor, RID 3142

President 's journey so far

Message form President



Dear members,

My Rotary Greeting !!!

It's been honor of a lifetime to serve as your president. The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. Let us come together and fulfill our commitment to help others in our community.

"Dare to Think Big and Do Even Bigger! "Go All Out for doing more impactful projects in the service of humanity. You are privileged to be a Rotarian So, enhance your reach. Increase engagement. Build connections and opportunities that will allow people who share our drive to do the same. And create vibrancy!!

Rtn. Tasnim Sayyed President 2024-25



















RLA, PREPETS & DISTRICT SEMINARS







Projects so far & Assembly

Annadan

Annadan at Balsnehalay, Orphnage for missing kids.





Blood donation



Plantation

Tree garden and Plantation at various places



1st Club Assembly





Dental Awareness

Unlock Your Health with Expert Dental Care: An Awareness Campaign by The Dental Solutions Clinic At The Dental Solutions Clinic in Lodha Boulevard Mall, Thane, we believe that a healthy smile is the cornerstone of overall well-being. As part of our commitment to the community, we are raising awareness about the importance of dental health, particularly in addressing Temporomandibular Joint (TMJ) and craniofacial disorders. Under the expert guidance of our chief dentists, Dr. Ravi Goyal and Dr. Purvi Goyal, we offer comprehensive care that goes beyond aesthetics to improve your quality of life.

Understanding TMJ and Craniofacial Disorders

The TMJ is crucial for jaw movement, enabling you to speak, chew, and express yourself. Disorders of the TMJ can lead to pain and restricted movement, significantly impacting daily life. Symptoms to watch for include:

- Persistent jaw pain or tenderness
- Locking of the jaw, making it hard to open or close your mouth
- Clicking and poping of Jaw Joint
- Headache and Migraines, ocular Migraines
- Ringing in eyes
- Difficulty or discomfort while chewing and swallowing
- Aching facial pain, body pain, Fibromyalgia

Craniofacial disorders affect the bones and soft tissues of the head and face, often requiring specialized treatment. These conditions can be congenital or result from trauma or disease, and they demand a comprehensive approach to manage both functional and aesthetic concerns.

Our Comprehensive Care Approach

At The Dental Solutions Clinic, we offer a multidisciplinary approach to treat TMJ and craniofacial disorders. Our state-of-the-art facility is equipped with the latest technology to ensure accurate diagnostics and effective treatment. Here's what you can expect from us:

Expert Team

Led by Dr. Ravi Goyal and Dr. Purvi Goyal, our team is dedicated to providing personalized care. With their extensive experience, you can trust that you are in capable hands.

Advanced Diagnostics

We use cutting-edge Bite Computer called Tscan and EMG for muscles myography techniques, to precisely diagnose TMJ and craniofacial conditions. This allows us to develop tailored treatment plans that address the root cause of your discomfort.

Patient-Centered Care

At The Dental Solutions Clinic, we prioritize your well-being. Our warm and welcoming environment is designed to make you feel comfortable from the moment you arrive. We believe in educating our patients about their conditions and involving them in their treatment plans. Our goal is to not just provide treatment but to guide you towards long-term health and wellness.

Join the Movement for Better Health

We invite the Rotary Club members and the Thane community to visit The Dental Solutions at Lodha Boulevard Mall. Discover how our expertise in dental health, TMJ, and craniofacial disorders can transform your life. For appointments and consultations, contact us today @ 9920744926.

Let's unlock the door to a healthier, happier you with confident smiles and pain-free living.

The Dental Solutions	
Lodha Boulevard Mall, Thane	

Real life experiance of saving whale Save Sapphire







Save Sapphire

We were on a holiday at Ganapatipule in Ratnagiri. When we reached there, we were informed that a BLUE WHALE was stuck in the sand.

The whale had washed out from the sea this morning and was alive. Locals helped Sapphire to be cool by pouring water on her.

The Regional Forest Officer (RFO) present there had called two JCB's and tried to lift Sapphire by tying a rope around her but were unsuccessful after many attempts, later they decided to wait for the high tide and let Sapphire get into waters herself.

Next day she was washed out on the shore again and was sunk deep in the sand RFO and her team kept Sapphire alive by giving antibiotics and saline. This task seemed more difficult because she weighed 4 tons. RFO tried to contact Indian Coast Guard Services (ICG) and JSW as they have a BARGE which could pull Sapphire into waters. My parents have friends working at both the places so they made calls and mobilized resources from ICG and JSW both.

Within few hours the operation 'SAVE SAPPHIRE'had started but the water had receded by then, so the teams had to wait for high tide. At 8:30 p.m. ICG officerstried tying her with thick belts so that she could be pulled by the barge of JSW. There were three unsuccessful attempts as the belts were slipping from her body.

They thought of tying her with a thick net. But this was also unsuccessful as the net was hurting her which made her aggressive and she freed herself from it.

The doctor suggested to tie the belt under her fins. This try was a huge success. Every individual was elated that the mission was a huge success. Butsadly,this happiness did not last long as she was back on the shore the next day and was found dead.

This instance makes me PROUDand rightly says that Akash: sky is the limit to help someone without being egocentric.

Charvi Mathur 10th Std.

